



Frederick Gandolfo, MD

Precision Digestive Care

HuntingtonGI.com

205 East Main Street, Suite 1-4, Huntington, NY 11743 | Phone 631.350.6077 | Fax 631.271.2272 | info@huntingtongi.com

INSTRUCTIONS FOR UPPER ENDOSCOPY

Procedure date: _____

Your procedure will be performed at:

<input type="checkbox"/> Digestive Health Center of Huntington 195 East Main Street Huntington, NY 11743 (631)385-8677	<input type="checkbox"/> Huntington Hospital 270 Park Avenue, Endoscopy (2 nd Floor) Huntington, NY 11743 (631)351-2618
--	--

You will receive a phone call directly from the endoscopy center to confirm the exact time of your appointment 1-3 days prior to the procedure date.

ALL PATIENTS MUST BE ACCOMPANIED BY A DRIVER. THERE ARE NO EXCEPTIONS TO THIS RULE.

YOU CANNOT TAKE A TAXI UNLESS YOU ARE ACCOMPANIED BY A RESPONSIBLE GUARDIAN (THE TAXI DRIVER DOES NOT COUNT). YOU CANNOT DRIVE FOR 24 HOURS AFTER YOUR PROCEDURE.

The day before the procedure is scheduled:

- You can eat and drink normally, however please avoid very large or fatty meals for dinner.
- Avoid alcohol the evening before your procedure.
- **NOTHING TO EAT OR DRINK AFTER MIDNIGHT**

The morning of the procedure:

- Take all of your regular medications with a small sip of water AT LEAST 2 hours before your scheduled procedure time (see separate instructions for diabetic medications and blood thinning medications, if applicable).
- **ABSOLUTELY NOTHING BY MOUTH EXCEPT YOUR MEDICATIONS. NO WATER, CANDY, GUM, ETC.**
- Please arrive for your procedure 1 hour earlier than the scheduled procedure time for check-in.
- Make sure to bring your photo ID, insurance cards, and a list of your current medications.
- **REPORT DIRECTLY TO THE ENDOSCOPY CENTER ABOVE. DO NOT COME TO OUR OFFICE AT 205 EAST MAIN STREET ON THE DAY OF YOUR PROCEDURE.**

PLEASE CALL (631) 350-6077 WITH ANY QUESTIONS OR ISSUES REGARDING YOUR PROCEDURE. THANK YOU!



Frederick Gandolfo, MD

Precision Digestive Care

HuntingtonGI.com

205 East Main Street, Suite 1-4, Huntington, NY 11743 | Phone 631.350.6077 | Fax 631.271.2272 | info@huntingtongi.com

BLOOD THINNING MEDICATION INSTRUCTIONS

Hold for 5 days prior to procedure	Aspirin	Do not hold
Hold for 5 days prior to procedure	Plavix (clopidogrel)	Do not hold
Hold for 3 days prior to procedure	Brilinta (ticagrelor)	Do not hold
Hold for 5 days prior to procedure	Effient (prasugrel)	Do not hold
Hold for 3 days prior to procedure	Coumadin (warfarin)	Do not hold
Hold for 2 days prior to procedure	Pradaxa (dabigatran)	Do not hold
Hold for 2 days prior to procedure	Xarelto (rivaroxaban)	Do not hold
Hold for 2 days prior to procedure	Eliquis (apixaban)	Do not hold
Hold for 2 days prior to procedure	Savaysa (edoxaban)	Do not hold

Special instructions for diabetic medications: _____

PLEASE CALL (631) 350-6077 WITH ANY QUESTIONS OR ISSUES REGARDING YOUR PROCEDURE. THANK YOU!