



### INSTRUCTIONS FOR COLONOSCOPY

Procedure date: \_\_\_\_\_

Your procedure will be performed at:

<input type="checkbox"/> <b>Digestive Health Center of Huntington</b> <b>195 East Main Street</b> <b>Huntington, NY 11743</b> <b>(631)385-8677</b>	<input type="checkbox"/> <b>Huntington Hospital</b> <b>270 Park Avenue, Endoscopy (2<sup>nd</sup> Floor)</b> <b>Huntington, NY 11743</b> <b>(631)351-2618</b>
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You will receive a phone call directly from the endoscopy center to confirm the exact time of your appointment 1-3 days prior to the procedure date.

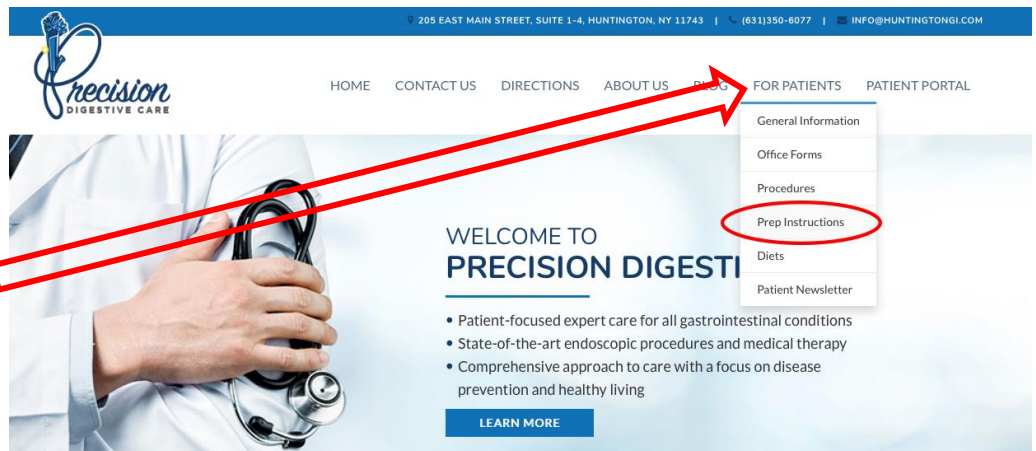
**Three days before the procedure is scheduled:** Pick up the prep from your pharmacy. Also purchase 64-ounces of a clear liquid that you like to drink (for example: Gatorade, iced tea, white grape juice, Crystal Light).

**The day before the procedure is scheduled:**

- Breakfast time: clear liquids only (example: juice, Jell-O, broth, Italian ices)
  - Coffee is OK to have in the morning, even with milk/sugar.
- Lunch time: clear liquids only
- **BEGIN FIRST DOSE OF BOWEL PREP AT 5 PM. Refer to separate instructions for bowel prep.**

**\*Important\*** If your colonoscopy start time is scheduled for 9:30 AM or earlier, you have the option of drinking all of the bowel prep the night before the procedure. If you choose to do this, you would start drinking the second dose of bowel prep at 9 PM. (Evening-only prep is optional: You can still choose to split the prep and take the second dose on the morning of the colonoscopy, 5 hours prior to the procedure start time.)

Please refer to the appropriate "EVENING ONLY" prep instructions on our website at [HuntingtonGI.com](http://HuntingtonGI.com) for more information. (Go to the "FOR PATIENTS" menu and click "Prep Instructions" to get there.)





The morning of the procedure:

- You may have BLACK coffee (NO MILK) before beginning the second dose of bowel prep, if desired.
- Take all of your regular medications with a sip of water (see instructions below for diabetic medications and blood thinning medications, if applicable).
- Make sure to finish all of the prep and the required clear liquids as specified in the prep instructions AT LEAST 2 hours before you are scheduled to arrive for your procedure.
- **ABSOLUTELY NOTHING BY MOUTH AFTER FINISHING BOWEL PREP. NO WATER, CANDY, GUM, ETC.**
- Please arrive for your procedure 1 hour earlier than the scheduled procedure time for check-in.
- Make sure to bring your photo ID, insurance cards, and a list of your current medications.
- **REPORT DIRECTLY TO THE ENDOSCOPY CENTER ABOVE. DO NOT COME TO OUR OFFICE AT 205 EAST MAIN STREET ON THE DAY OF YOUR PROCEDURE.**

**ALL PATIENTS MUST BE ACCOMPANIED BY A DRIVER. THERE ARE NO EXCEPTIONS TO THIS RULE.**

**YOU CANNOT TAKE A TAXI UNLESS YOU ARE ACCOMPANIED BY A RESPONSIBLE GUARDIAN (THE TAXI DRIVER DOES NOT COUNT). YOU CANNOT DRIVE FOR 24 HOURS AFTER YOUR PROCEDURE.**

BLOOD THINNING MEDICATION INSTRUCTIONS

Hold for 5 days prior to procedure	<b>Aspirin</b>	Do not hold
Hold for 5 days prior to procedure	<b>Plavix (clopidogrel)</b>	Do not hold
Hold for 3 days prior to procedure	<b>Brilinta (ticagrelor)</b>	Do not hold
Hold for 5 days prior to procedure	<b>Effient (prasugrel)</b>	Do not hold
Hold for 3 days prior to procedure	<b>Coumadin (warfarin)</b>	Do not hold
Hold for 2 days prior to procedure	<b>Pradaxa (dabigatran)</b>	Do not hold
Hold for 2 days prior to procedure	<b>Xarelto (rivaroxaban)</b>	Do not hold
Hold for 2 days prior to procedure	<b>Eliquis (apixaban)</b>	Do not hold
Hold for 2 days prior to procedure	<b>Savaysa (edoxaban)</b>	Do not hold

Special instructions for diabetic medications: \_\_\_\_\_

**PLEASE CALL (631) 350-6077 WITH ANY QUESTIONS OR ISSUES REGARDING YOUR PROCEDURE. THANK YOU!**